

FUTURE PATHWAYS Program



Our Future Pathways Program assists participants to develop employability skills, learning to learn, address barriers to work and study, identify personal skills and work towards job and study opportunities.

This program delivers intensive training and support in the following areas;

- Goals and Pathways
- Technology at work and school
- Impact of sleep, breaks, distractions and calm attitude
- Interviews and self presentation
- Creating an ergonomic study/work station
- Research skills and methods
- Resume writing
- Job search and applications
- Cold calling
- Wellbeing, health and happiness
- Stress management and memory techniques
- Effective note taking and personal shorthand
- Critical reading skills



For further information and session dates please contact:
Southern Grampians Adult Education Inc. Ph: 55 719 900
Qualify Training Ph: 54 825 885